DOCAL ROUNDUP



MAY 2025

Official Publication of the Dural Chamber of Commerce www.duralchamber.com.au

Renew. Restore. Reimagine.

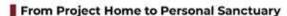




Arcadian

A thoughtfully executed renovation can do more than refresh a home. It can completely reimagine how you live. Arcadian is a perfect example. Once a typical project home, it's now a warm and expansive rural sanctuary, transformed through considered design, detail, and craftsmanship.

This standout Hawkesbury renovation proves that reinvention doesn't always mean starting over. With the right builder, it's possible to honour a home's structure while elevating it to something exceptional.



The brief was clear. The goal was to strip away the baseline feel of a standard project home and reimagine it as something more refined, considered and enduring. Our clients came to us wanting more than just a renovation. They were looking for a home elevated by craftsmanship, care and detail, where every finish, fixture and element of construction reflected a true sense of quality.

We reworked the floorplan to serve family living better, added a new master suite and kids' wing, and introduced a fully self-contained pool house with a lounge, bar, bathroom and bedroom. The result is a home that feels deeply personal, thoughtfully built and made to last.

Every Detail Considered

In the master suite, expansive views across the paddocks and vineyards provide a backdrop of calm. A striking stone fireplace adds a sense of permanence, while a walk-in robe and beautifully appointed ensuite complete the feeling of everyday

At the heart of the home, the kitchen leads with sculptural curves and layered natural textures. From the scullery to the water station, every element was designed to support ease of living with understated elegance.

A Home That Flows, Inside and Out

Outside, the transformation is just as considered. The backyard is now a series of inviting, well-connected zones, with landscaped paths that guide you from the home to the pool and entertaining areas. Stonework features throughout, from the chimney to garden walls, tying the architecture and landscaping together with warmth and texture.

Let's Build Something Beautiful Together

At Turrell Building, we don't just update homes. We elevate them. Arcadian is a testament to what's possible when vision and quality come together.

Whether you're considering a renovation, extension or new build, we're here to help bring your ideas to life with integrity, experience and attention to detail.

Ready to create your own transformation? Get in touch with Turrell Building today.

For more images of Arcadian and other inspiring projects, visit www.turrell.com.au











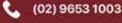














www.turrell.com.au

The Dooral Roundup loves to receive contributions from our community!

Guidelines for contributors:

- · Please send stories in editable text, eg Word or email (no PDFs), maximum 250 words.
- · Please email pictures as separate files (not embedded into Word document).
- · Deadline for community stories: 15th of the month.
- · Deadline for advertisers providing your own art: 22nd of the month.
- · The paper is distributed in the first few days of the new month.

Our beloved "FREE" paper is paid for by our loyal advertisers.

Support our advertisers and their local businesses by buying their products and services!

If you are promoting an event with paid ticket sales, consider taking out an advertisement, however small.

Not for profit events can have a 30 word listing in "What's On."

MOTHERS

By now many of us are turning our thoughts toward Mothers Day which occurs on the 2nd Sunday of May since 1924 in Australia.

Mother's Day originated in the United States in 1907 by Anna Jarvis as a memorial for her late mother.

Mothers Day is seen as a celebration that honours our mothers and motherhood generally.

Remember if you are buying flowers for your mother, traditionally Carnations are the popular choice as they represent love and appreciation as does Lillies and Tulips.

In Australia the tradition of honouring Mothers Day was influenced by American customs however an Australian Janet Heyden



and decided to try and make their lives a bit brighter.

So as we celebrate Mothers Day this year our thoughts turn to our mothers, step mothers, sisters and aunties all of which have contributed in some way in enriching our lives.

So have a fantastic Mothers Day



Dural Chamber and Dooral Roundup Contacts



MARK COUPAR Membership

- info@duralchamber.com.au
- **Q** 0497 014 950



KAREN TAYLOR Sales Consultant

- advertising@dooralroundup.com.au
- **4** 0487 111 868



DIANA PATON Editor

■ editor@dooralroundup.com.au

Air Perfection Air Conditioning

Sales, Service & Installation

0427 305 247 airperfection247@gmail.com

SENIORS DISCOUNT







SUPPORT GROUP MEETINGS ARE HELD 3rd MONDAY EVENING OF THE MONTH

7:00pm for 7:15pm

The Blue Gum Centre 607 Old Northern Road, Glenhaven

CONTACT: GRAHAM STAGGS Ph: 8677 7896 or 0402 421 062 Email: gstaggs@accsoft.com.au





ABANDONED UTE

Police patrolling Carrington Rd, Castle Hill, on the evening of 4th April, and saw a man leave a rental vehicle and run into a nearby building site.

An inspection of the bag in the rear tray identified an amount of wiring, along with a 'Specialised' brand mountain bike.

An inspection of the adjoining building site identified an electrical box that had been stripped of wiring, along with another bag of copper and various plastic tubing with the wiring stripped out.

A police search of the site with the assistance of a police dog handler failed to locate the male who had been sighted earlier. The vehicle has been seized for forensic examination, with inquiries to continue to identify the driver.

CARS CRASH

Firefighters from Riverstone Fire and Rescue NSW Station were called to a motor vehicle accident on Pitt Town Rd, Kenthurst, on 12th April after two cars were involved in a crash

with one person trapped in a car.

Given the potential for a serious incident, resources from Oakville Rural Fire Brigade, Annangrove Rural Fire Service and rescue firefighters from Fire and Rescue NSW Station 071 Castle Hill were all called to attend.

The Hills Police Area Command had the road closed in both directions to allow access for firetrucks and NSW Ambulance.

The NSW Rural Fire Service established fire protection whilst Fire and Rescue NSW crews used hydraulic rescue equipment to assist Ambulance Officers gain access to a patient.

Fortunately, there were no serious injuries, and the occupants of the vehicles were transported to the hospital for further checks.

SECOND MURDER CHARGE

A woman has been charged in connection to the alleged murder of Johnny Birch at Glenorie last month.

Police arrested a 35-year-old woman on the morning of 3rd April, at a property on Gleness Place, Glenorie.

She was taken to Castle Hill Police Station, where she was charged with accessory after the fact to murder and larceny accessory before the fact.

Strike Force Halderen was established by The Hills Police Area Command and the State Crime Command's Homicide Squad to investigate the circumstances surrounding the death of 39-year-old Johnny Birch, whose body was found on the property on Gleness Place on Friday, 14th March.

The woman was refused bail to appear in Parramatta Local Court on Thursday, 29th May.

She is the second person to be charged in relation to the man's death. A 24-year-old man remains before the courts charged with murder.

DRINK DRIVING CHARGES

Police are warning people not to drink and drive. At around 12.05 am on Thursday, 10th April, a 57-year-old male driver was stopped on Kings Rd, Castle Hill, while driving a 2018 white Holden station wagon.



James can help you by

- · Representing you in the NSW Parliament
- Assisting you to access State services

· Communicating your issues to the relevant Ministers

 Organising Justice of the Peace applications

 Recognising Community Achievements



Contact James

(02) 9476 3411 @ hornsby@parliament.nsw.gov.au

PO Box 1687, Hornsby Westfield NSW 1635

Authorised by James Wallace MP. Funded using parliamentary entitlements.



OUR SERVICES

- Renovations
- Decks and Pergolas
- Framing
- Timber Fencing
- Doors, Skirting and **Architraves**
- Maintenance

No job too big or too small

Call Mitch today to discuss your next job.

0435 833 615

www.crestcarpentry.com.au

He returned a positive roadside breath test. He was arrested and taken to Castle Hill Police Station. A breath analysis was conducted, returning a reading of 0.107 grammes of alcohol in 210 litres of breath. As a result, the driver's licence was suspended, and he was charged with drink driving.

In another incident a woman failed a breath test after the car collided with multiple vehicles.

At around 5.40 pm on Friday, 4th April, a 20-year-old woman driving a blue Toyota Camry collided with multiple parked vehicles on James Mileham Dr, Kellyville. The driver continued driving after each collision, eventually stopping against a tree.

Police arrived around 6.10 pm and found the driver seated on a small brick wall nearby. A breath test returned a positive result, and she was arrested for a secondary breath analysis, which showed a reading of 0.144 grammes of alcohol in 210 litres of breath.

The driver was charged with Mid-Range PCA, her licence was suspended, and she was issued a 'Notice of Suspension.

On Saturday 5th April at 9.30pm a stationary RBT unit on Mile End Rd Rouse Hill stopped a red Toyota Camry April. The red P-Plate driver admitted to having some beers with a mate and returned a positive breath test. Due to his level of intoxication police say he vomited in the back of the car. At the station he returned a reading of 0.116. He will face cort at a later date on a mid-range drink driving charge.

MASSIVE CLEAN UP

A massive clean-up was made along Annangrove Road and Bannerman Rd Glenhaven after an unknown vehicle deliberately ran down several garbage bins on Friday, 4th April.

According to GPS tracking, the earliest truck in the area was a recycling truck around the affected properties on Annangrove Road.

The Hills Council and Hills Police are calling for anyone in the area to check their CCTV and DashCam footage on the early morning of 4th April to help narrow down the offending vehicle.

COMMUNITY ALERT!

On 4th April 2025, there was a massive clean-up along Annangrove Road & Bannerman Rd Glenhaven after an unknown vehicle deliberately ran down several garbage bins. According to GPS tracking, the earliest truck in the area was a recycling truck at 5:23am around the affected properties on Annangrove Road. Based on the property locations, if the

damage was caused by a vehicle, it would have been traveling up Bannerman Road and turning left by the Road.

The Hills Shire Council and Hills Police are calling for anyone in the area to check their CCTV and DashCam footage to help us narrow down the offending vehicle. This is a really crap thing to do on so many levels, and it's not okay. Let's come together as a community and find this fool!

If you have any information on any of the above, please contact Crime Stoppers NSW at 1800 333 000.



Not sure what you need?
We are always in the area to help

Staples Premier Pumpouts is an Australian owned family business

- we live local - we work local -

We offer you a friendly, reliable and thorough septic tank pumpout service at a competitive price.

When you book with us you can be sure that you will receive professional service with the utmost respect for you and your property.

02 9457 8777

www.premierpumpouts.com.au

When was your last pumpout??

We recommend a pumpout every 3-5 years depending on how many people reside there.







Recently The Combined Probus Club of Cherrybrook celebrated its Changeover Lunch with an attendance of 105 members. In reference to incoming President Jenni's career in education her arrival was heralded by two 'naughty schoolboys' who were kept in check by her escorts. While all are mindful of the responsibilities of the President and her Management Committee the fun indicates the happy vibe of the club in melding great organisation with good times. The first of Jenni's meetings involved welcoming a new member with more to come next month when we will also be participating in a trivia quiz.

All regular activities continued with strong support and recent special events included theatre outings to 'Annie', 'And Then There Were None' and local productions at Castle Hill, a social drive through the Hills to Tractor 828 at Ebenezer, a walk around Bicentennial Park, a trip to Western Sydney Airport and Happy Hour in Cherrybrook keeping all entertained.

Upcoming outings include Ten Pin Bowling, MJ the Musical and a day at the Hawkesbury Races.

If you are active retirees or even semi-retired and have promised yourselves to get out, meet new people and have new experiences the Combined Probus Club of Cherrybrook could be for you.

Our meetings are held at the Cherrybrook Community and Cultural Centre on the first Thursday of each month. For current information please contact Lynn on 0414 848 413. We look forward to warmly welcoming you to our Probus Club to share the good times. Galston CWA

With Autumn now blessing us with milder sunny days and cooler evenings, the ladies from Galston CWA



are busily creating, baking and organising stalls, with the aim of contributing our efforts to those in need. We are eager to focus where we can the most effective. To that end we had a visit from Karen Lindley, an inspirational advocate, nationally recognised with an Order of Australia for her services to social welfare and business. She has over two decades of voluntary work, supporting victims of child sexual assault, collaborating with legal teams, police and victim advocacy groups to secure justice and restitution.

A wonderful speaker, Ms Lindley inspired and educated us.

We are now hard at work preparing for our Mother's Day Stall on May 10th, outside the Bendigo Bank in Galston, from 9am to 1pm. We will have some lovely handicrafts, home made jams & preserves and tasty baked goods and look forward to visitors. FYI our meetings are on the second Wednesday of the month in the Galston Community Centre, starting at 10am.

For more information phone Anne on 0404 228 209 or Patricia on 0412 948 787.





This month, our group ventured to the picturesque Hawkesbury region to visit The Secret Garden—a not-for-profit community hub nestled on 15 acres at Western Sydney University, Hawkesbury and managed by North West Disability Services (NWDS). The garden offers a welcoming space for the community to connect, learn, and grow.

We enjoyed a guided tour of the facilities, followed by a relaxed lunch in the serene surroundings. Many of us couldn't resist bringing a piece of the garden home, purchasing a variety of plants from the on-site nursery.

Back at our monthly meeting, we welcomed a representative from Service NSW who delivered an informative presentation on a "Guide" to Older Driver Licensing"—a helpful guide full of practical advice and important updates.

This month also saw the introduction of a new and exciting segment: Show and Tell. Each meeting, a member is invited to give a short presentation on a hobby or collection they're passionate about. It's a wonderful way to learn more about each other.

Round Corner Dural Probus Club offer a range of activities each month. Meetings are held at the Galston Club on the second Monday of each month at 9.30 am.

We look forward to welcoming new members and visitors.

Enquiries contact email: rcdprobus@ gmail.com or phone Lei on 0412 585 741.

Dural Bowling Club

Pennant and Consistency Competitions

The wet weather on the 29th March saw the postponement of the Pennant competition match against Greenlees at the Dural Bowling Club which was rescheduled for Sunday 6th April 2025. Dural bowlers were thus



compelled to play a double header the following weekend.

The Consistency Competition started on Tuesday 8th April on a beautiful autumn day. The first round of the competition was played in great spirit and enjoyed by all.

A fervent and dedicated member of **Dural Bowling Club - Judith Harris**

Judith Harris has been a member of Dural Bowling Club for over 25 years. She has dedicated her time in welcoming and coaching new members. Judith is now in her eighties and is still coaching the new female members and is not ready to pass the baton yet. She is still very zealous in her coaching.

A very competent bowler, Judith won many events at Dural and away, including pennant wins and the Dural local tournaments.

She is admired by many at the Dural Bowling Club with her encouragement to all bowlers to improve their games.

Vale John Gonzo

John Gonzo passed away on the 2nd April. He wasn't a member of Dural Bowling Club for very long. He is remembered for reminiscing his football playing time with Parramatta and his hobby for racing pigeons.

Got household problem waste? Not a problem.

These items and more can be dropped off at the Community **Recycling Centre:**



Gas bottles and fire extinauishers



Household and car batteries



Paint and aerosols



Flattened cardboard and clothing



Motor and other oils



Electronic waste and mobile phones



Floro globes and fubes



Smoke detectors and ink cartridges

Before you arrive

Check the website or phone us on 13 70 30

Separate waste into individual containers and flatten cardboard boxes

Location:

29 Sefton Road, Thornleigh 2120

Hours:

Tuesday to Friday, 8.30am-4pm Saturday, 8.30am-12pm Closed Public Holidays



For more information, visit hornsby.nsw.gov.au/crc







Latest News





To lodge, view and track the latest Development Applications in your area please visit: hornsby.nsw.gov.au/property



from the **Mayor's Desk**

This month, we mark National Volunteer Week from 19–25 May, when we recognise the important role of volunteers in our community. As Mayor, I am impressed and humbled by the outstanding contribution volunteers make in Hornsby Shire, donating their time, skills and services for others.

Volunteering can be incredibly enriching. It provides opportunities to form connections and gives you a sense of fulfillment. Council has many opportunities to volunteer, through our Bushcare program, at events, our library and even in our Waste team. Find out more about how you can contribute on our website.

I would like to take the opportunity to thank everyone who gives their time freely for the benefit of others whether for Council, emergency response, charities, sports clubs, schools and many more, I thank you all.

As I mentioned last month, our Draft Delivery Program and Operational Plan is on public exhibition. I encourage you to comment on this important document, which outlines the many projects and initiatives Council will work on in the next four years, before 12 May.

Also in May, Council is again supporting the Australian Liveability Census. This nation-wide research project will help us understand liveability from you, our community's perspective and see how we are faring compared to the rest of the country.

The Australian Liveability Census is open until 30 June 2025 and I encourage you all to share your views at yoursay.hornsby.gov.au

Warren Waddell

Mayor of Hornsby Shire

What's on



Reduce, Reuse, Repair, Recycle

Bicycle Repair Workshop

Saturday 3 May, 9.30am-12.30pm. Storey Park Community Centre, Hornsby

Clothes Mending

Saturday 3 May, 10.30am-12.30pm. Storey Park Community Centre, Hornsby

Repair Café – Electronics/Furniture

Saturday 3 May, 11am – 1pm. Storey Park Community Centre, Hornsby

Clothing Swap

Saturday 24 May, 9.30am – 11.45am. Thornleigh Community Centre, Thornleigh

Bookings are essential at all FREE waste events - hornsby.nsw.gov.au/waste



For more information visit: yoursay.hornsby.nsw.gov.au

- Draft Planning proposal, 1-3 Johnson Road, Galston Submissions close: Sunday 11 May
- 2025-2029 Delivery Program including the 2025-2026
 Operational Plan. Submissions close: Monday 12 May
- Heritage Development Control Plan Review Submissions close: Sunday 25 May
- Dual Occupancy Development Control Plan provisions
 Submissions close: Sunday 25 May
- Library Customer Satisfaction Survey Submissions close: Saturday 31 May



NATIONAL VOLUNTEER WEEK COMEDY SHOW AND LUNCH



Tuesday 20 May, 10am-1.30pm. Hornsby RSL

Bookings essential: hornsby.nsw.gov.au/hellohornsby

Knowledge is (solar) power

Free webinars. Thursday 8 and 29 May, 7 - 8pm online. hornsby.nsw.gov.au/solar



How would you rate living in Hornsby Shire?

yoursay.hornsby.nsw.gov.au

Participate today for your CHANCE TO WINI

Next Council meeting Wednesday 14 May, 6.30pm

hornsby.nsw.gov.au

PAINTERS

SERVICING HILLS DISTRICT FOR OVER 40 YEARS



CALL VIC 0417224155

WWW.POL-PAINTERS.COM.AU

Lic No. 238452C



Round Corner Village Planning Proposal

An invitation was sent to local residents about a redevelopment proposal for Round Corner Village to be held on 31st March. The organisers of the meeting, Sam Russo, other shop owners and the development team, were very surprised by the high number of people who attended. The large auditorium at the Dural Country Club





was packed, with standing room only by the time the meeting started at 7.30. A presentation of the proposed development, together with traffic flows etc were shown. Once it was question time, it was clear that a large majority of people in attendance were concerned about traffic congestion. Kenthurst Road was already bumper to bumper at peak times, and everyone appeared to see this as the major stumbling block. Other concerns raised were the heights of some of the buildings.

It was clear from the presentation that a lot of work had been done by the development team to sell the proposal to the public. The video of a walk through the new centre was very professionally done. One on one discussions were offered at the conclusion to try to answer more questions.

Once the proposal is lodged with Hills Shire Council, it will go on exhibition for community feedback.



safety, comfort, and independence. Thoughtful choices can empower her daily life while showing your care.

Safety & Independence

Boost confidence with bathroom grab bars or shower chairs to reduce fall risks. A lightweight Reacher tool aids independence, while automatic night lights improve nighttime safety. For emergencies, a discreet wearable fall alarm offers peace of mind.

Everyday Comfort

Support her relaxation with cushions for her favourite chair or an adjustable electric bed for better sleep. Stylish rise recliner chairs enhance mobility, while a temperature-controlled smart mug or microwave heating pad adds soothing comfort. Browse KarisLife.com.au for more ideas.

Practical Touches

Combine functionality with sentiment: a family photo frame preserves memories, or an Alexa Echo Dot simplifies daily tasks.

Choose gifts that reflect her needs and celebrate her resilience—thoughtful support says, "I cherish you."







Based in Kenthurst and servicing Kenthurst and the Hills area.

Specialising in Blocked Drains

Leaking Taps • Hot Water Installations & Repairs • Burst Pipes Gas Fitting & Repairs • Leaking Toilets

(02) 9067 9519

hello@todstaplumbing.com.au

www.todstaplumbing.com.au

ADVERTORIAL

First Home Buyers & Deposit Saving **Plans with Parents**

PROPERTY & YOU -BY PAUL MCKENZIE, **ABS CONVEYANCING**

As Sydney's residential property prices are getting more expensive, young people are finding it harder to save that the first home property deposit, to afford their dream.

Becoming the trend now, parents helping their kids out, young people, financially and other ways, to help them save for that deposit.

A first home savings plan, between the young person and their parents, is a great way to achieve that dream and housing affordability. Such planning and achieving that first home purchase goal, is further assisted by choosing the right mortgage broker. They can guide you, in the right direction, as well as shop around for the right home loan, to turn the first home dream, into reality.

Revenue NSW has the following incentives for first home buyers in stamp duty - full exemption of stamp duty up to \$800,000.00. A partial exemption from \$800,000.00 to \$1,000,000.00. Subject to any future change with NSW government policy. First Home Buyers must soon after settlement, live in the property, for the first 12 months, before they allowed to rent it out and turn it into an investment property.

Dural Scout Prestige Award

Dural Scout Group recently held their Awards and Report Presentations, celebrating another fabulous year of Scouting. They welcomed the Mayor, Hon. Warren Waddell, who presented Kristina Taylor with her King's Scout Plaque. The King's Scout replaces the Queen's Scout and was renamed after His Majesty King Charles III confirmed his patronage of the Scout Association of Australia.

It is the highest award a Venturer Scout can achieve. Venturers must demonstrate a capability across core outdoor skills and progression across additional outdoor adventure skills such as paddling, cycling, aquatics, rock climbing etc. They must also demonstrate leadership and achieve personal challenges across six identified special interest areas. Kristina challenged herself across a wide range of interests from developing barista skills, learning a new sport, and demonstrating her commitment to community service through volunteering with the Galston Rural Fire Brigade.



The King's Scout Award, and Scouting more broadly, develops resilience and confidence in our youth members. These awards encourage them to build essential skills preparing them for leadership roles within the community.

A huge congratulations to Kristina and a special thankyou to the Mayor for his continued support of Dural Scout Group.

Dural Scout Group has vacancies for Girls and Boys from 5 to 25 years. Joeys (5yo), Cubs (8yo), Scouts (12yo) and Venturers (16yo).

Please contact Phirooza: 0411 731 976 or phirooza@bigpond.net.au or Simon: thewolf_1stdural@bigpond.com



Great Delights Always with

DELHI HEIGHTS INDIAN RESTAURANT & FUNCTION CENTRE

Great Food - Great Service - Great Ambience - You Care We Care



Friday Nights Buffet & Bollywood Music **On Selected Friday Nights**



Call us on 0422 215 207 www.delhiheightsdural.com









For Events, Parties & Catering, call Sony on mobile 0432 050 119 on your requirements







Professional | Affordable | Respected

RESIDENTIAL • COMMERCIAL • RURAL | SYDNEY & REGIONAL NSW

CONVEYANCING SERVICES FOR VENDORS, PURCHASERS, FAMILY TRANSFERS, COMMERCIAL LEASING ETC.

Based locally at Dural, North Kellyville, Norwest and also York Street Sydney.



📞 1300 037 057 or 0411 037 057 | 🍙 paul@absgroup.net.au | 🃵 www.absgroup.net.au

WHOLESALE PRICES DIRECT TO THE PUBLIC



OPEN 7 DAYS | 8am - 4pm



Advanced Viburnum \$9.00



Super Advanced Tibouchina \$9.00



Teddy Bear Magnolia \$100.00



Camellia from \$6.00



Super Advanced Gardenia \$9.00



Japanese Buxus Great for hedging \$3.00





Like and follow us

Phone: 0434 594 609 353 Galston Road, Galston





Hands of Care is a Sydney-based organisation dedicated to making a meaningful difference in the lives of individuals with disabilities. Our compassionate team provides tailored support and care services through the National Disability Insurance Scheme (NDIS) and we tailor our services to meet the specific needs and goals of our clients.

EMPOWERING INDEPENDENCE







Contact Us:



mww.handsofcare.com.au



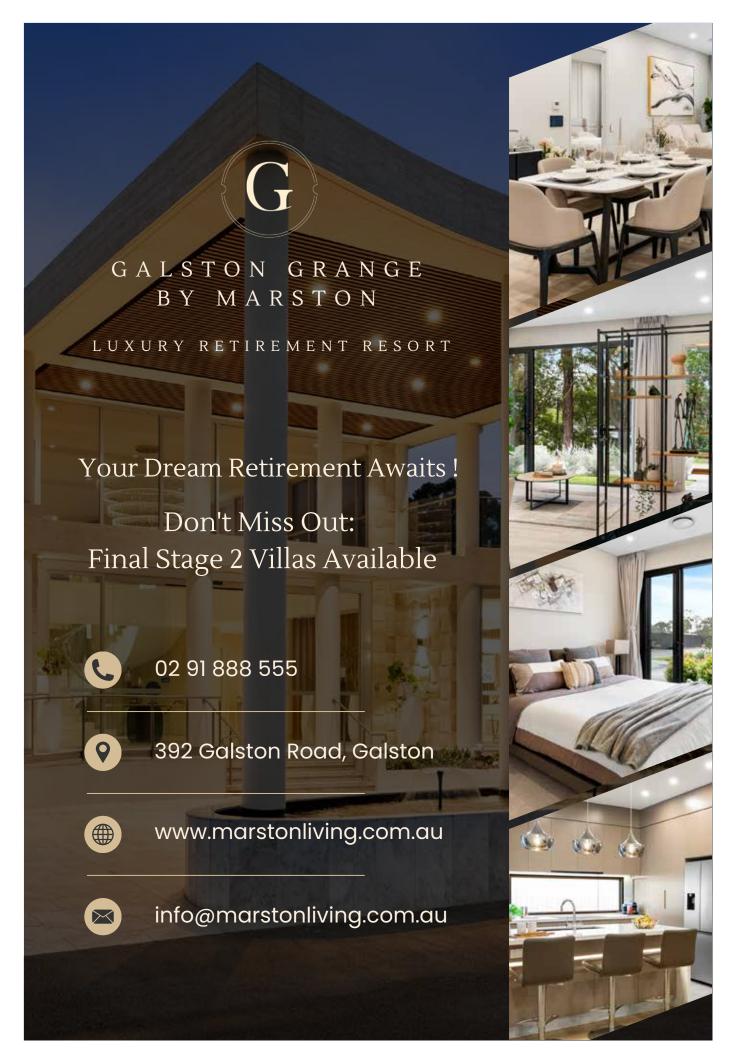
admin@handsofcare.com.au



02 7232 2840 or 0424 558 544

Our Services

- Support coordination
- Assist personal activities
- Community nursing care
- Development life skills
- Participate community
- Support in daily tasks/shared living
- Assistance with transport Arrangement
- Household tasks
- Home care service provider
- Theraputic Support



Buzzing, Ringing, Humming...

Why do some people hear a constant noise in their ears?

AN ARTICLE FROM EAR STUDIO

It's called tinnitus – the perception of sound when no external noise is present. It might be a high-pitched ringing, a low-frequency humming, buzzing, roaring, or even a chirping or clicking sound. Tinnitus can affect one or both ears and may come and go or persist constantly. While most people have heard of tinnitus, it can be hard to understand how much it can impact someone's quality of life—unless you've experienced it yourself.

Tinnitus is broadly categorised into two types:

- Subjective tinnitus, which only the person affected can hear (the most common type)
- Objective tinnitus, which can occasionally be detected by a hearing care professional during examination (very rare)

Around 15–20% of the population experiences some form of tinnitus. For some, it's mild and manageable, but for about 2%, tinnitus can be debilitating—disrupting sleep, concentration, emotional wellbeing, and social interactions. Because of this, it's important not to ignore or dismiss tinnitus, but to investigate it thoroughly.

What Causes Tinnitus?

The exact cause of tinnitus can be complex and varies from person to person. In many cases, it's not a condition itself but

a symptom of an underlying issue. Known triggers include:

- Exposure to loud noise
- Stress and anxiety
- · Sleep disturbances
- · Hearing loss
- Earwax build-up
- Sinus congestion
- · Certain medications
- · Underlying medical or neurological conditions

Sometimes tinnitus is temporary and resolves on its own, but in other cases it persists and requires ongoing management.

Best Practice Approach to Assessment and Management

To effectively manage tinnitus, a Best Practice Audiological Approach is essential. At **Ear Studio**, our process includes:

- Detailed Case History Understanding your tinnitus experience, lifestyle, and medical background.
- Comprehensive Hearing Assessment

 Including pure tone audiometry,
 tympanometry, and speech testing to
 assess hearing and middle ear function.
- 3. **Tinnitus-Specific Questionnaires** These help assess how tinnitus is affecting your life.
- 4. **Identification of Contributing Factors** Such as noise exposure, hearing loss, or stress.

- 5. Personalised Management Plan –
 Based on findings, we tailor your care,
 which may include:
- o **Sound therapy or tinnitus masking** using hearing aids or sound generators
- o **Counselling and education** to reduce anxiety and improve coping
- o **Cognitive Behavioural Therapy (CBT)** with trained professionals
- o **Tinnitus apps** that offer calming soundscapes and guided relaxation

Each person's tinnitus journey is different, which is why individualised care is key. While there is no universal cure, many people find relief and regain control over their daily life through the right support and management.

Take the First Step

If you're experiencing tinnitus, don't wait. Early assessment and intervention can make a significant difference.

At Ear Studio, we are committed to delivering care aligned with Best Practice Audiological Principals, ensuring each client receives the highest quality support. Call our friendly team on 02 9159 6122 or visit earstudio.com.au to book your appointment today

Our caring team is here to support you every step of the way on your journey to better hearing and tinnitus relief.



NOW SELLING

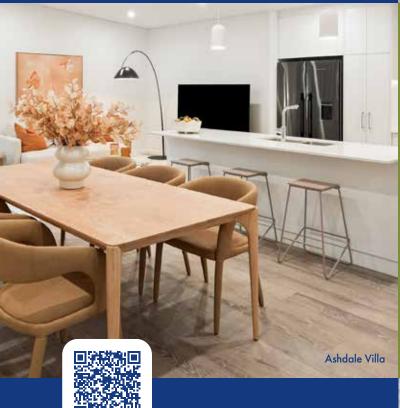
HOMES AVAILABLE **NOW**

LIVING CHOICE GALSTON

Display Homes

Now open by appointment, Tuesday, Thursday and Saturday.





SPENCER VILLA = 3 | 2 | = 2

The Spencer has a luxurious master suite and expansive living areas. The modern kitchen and dining space flow effortlessly onto a large patio, ideal for outdoor gatherings and relaxation.

Discover the perfect blend of comfort and style in the Ashdale. Enjoy seamless indoor-outdoor living with a spacious patio that's perfect for relaxing or entertaining.

Visit the Sales and Information Centre. 328a Galston Road, Galston. Open 7 days. Monday to Saturday 10am - 4pm. Sunday 10am - 2pm.

1300 533 296 | sales@livingchoice.com.au

livingchoice.com.au





You may have to pay a departure fee when you leave this village which may impact on the capital gains received. CGI renders shown are for illustration purposes only. GAL0003

Can You Solve this Murder Mystery?

Castle Hill Players presents

Rehearsal for Murder

at the Pavilion Theatre from 30th May – 21st Jun 2025

Adapted by D.D. Brooke from the Teleplay by William Link & Richard Levinson and directed by Grant Brennan



It's been one year since the Broadway debut of his then fiancé, Monica Welles. A debut which ended in tragedy when her body was found in her apartment, an apparent suicide.

On the anniversary of her death, Alex has called together the cast and crew of that ill-fated Broadway production. He is eager to start rehearsing his new play, *Killing Jessica*, whose heroine bears an uncanny resemblance to Monica

As they progress through *Killing Jessica*, Alex's colleagues grow wary of his intentions. Did Monica take her own life or was she murdered? And which one of the assembled thespians, if any, committed that deed? Packed with red herrings, thrills and wit, is this a rehearsal for a new play? Or a rehearsal for murder?



Chris Scarpellino, Ella Titterton, Gina Willison, Brett Watkins, Brett Joachim. Rehearsal Photo Penny Johnson

"Rehearsal for Murder is an intriguing spin on the classic whodunit, set against the backdrop of an empty Broadway theatre. Playwright Alex Dennison invites the members of an ill-fated production to a reading of his new play - where he intends to catch which one amongst them killed his fiancée." Grant Brennan, Director

Thomas Southwell Rehearsal Photo Penny Johnson

Castle Hill Players presents Rehearsal for Murder

Adapted by D.D. Brooke from the Teleplay by William Link & Richard Levinson and directed by Grant Brennan

> 30th May - 21st Jun. Wed, Fri, Sat 8PM, Sun 4PM Pavilion Theatre, Castle Hill Tickets \$30, Concession \$25

The Pavilion Theatre is located within the Castle Hill Showgrounds, Castle Hill

Bookings paviliontheatre.org.au/ rehearsal-for-murder or call 02 9634 2929

Enquiries call 02 9634 3846 or email admin@paviliontheatre.org.au

Media enquiries email Abby marketing@paviliontheatre.org.au

Castle Hill Art Society

Demonstration Saturday 2.00pm June 7th Amanda Doctor "Drawing With Perspective"

In this demo Amanda will show you how to find the horizon line, how to do 1/2/3pt perspective and the different ways of illustrating aerial perspective with colour. This will greatly assist when you come to do Urban Sketching in pen and watercolour washes.

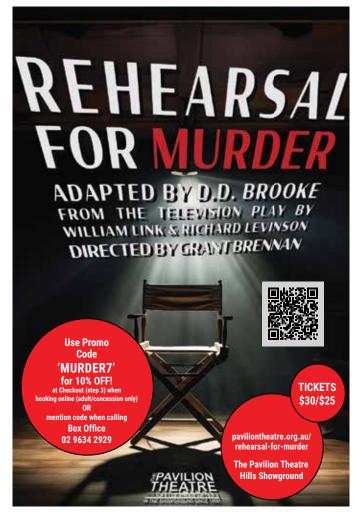
To understand perspective, you have to start with the horizon line, which is not just a line dividing earth from sky, it is the foundation from and to which everything is either physically or visually connected, making the objects we draw on a flat surface actually have depth and dimension.

This demonstration will be held on Saturday at 2.00pm and visitors are welcome to join with the Castle Hill Art Society at Castle Glen Community Centre, 157 Ridgecrop Drive, Castle Hill.

Enquiries 9899 3179 www.castlehillartsociety.org.au









Lion's Club Youth of the Year Award - Cassie Ptolemy



Pacific Hills Christian School student Cassie Ptolemy has achieved an amazing result in this year's Lion's Club Youth of the Year Award. Competing at the State Level held in Tamworth in April, Cassie performed brilliantly across the varied components being judged holding high marks for each section and was awarded winner of the public speaking portion of the competition!

Mrs Baldry, one of the English teachers at Pacific Hills, writes "Cassie was able to speak about her fundraising initiative for foster kids, leaning sign language and her busy role as school captain, amongst other things. Her heart to serve others and her strong ability in public speaking (and plain hard work) have helped her achieve so well with this award."

The School is immensely proud of all that Cassie has achieved and the use of her talents and giftings to aid and assist others in both her local and School communities.







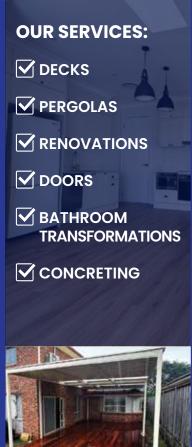
Whether you're envisioning a cozy deck to enjoy outdoor moments, revitalising your space with a renovation, upgrading your doors for enhanced aesthetics, or transforming your bathroom into a sanctuary, LPA Constructions has you covered.

CALL TODAY

Luke 0423 345 582

luke@lpaconstructions.com.au www.lpaconstructions.com.au

Licence 360193c



MIDDLE DURAL PUBLIC SCHOOL

Five of our local small school all came together recently to share their expertise and resources so that they could offer wonderful educational experiences for all of their students. Together they created an event which maximised variety for their students and opened them up to experiences they may never have had access to before.

Arcadia PS, Annangrove PS, Hillside PS, Macdonald Valley PS, as well as Galston HS, all gathered at Middle Dural PS for a great day of learning. Teachers planned a range of activities which were designed to offer opportunities to our 'High Potential and Gifted' students. All of their students were invited to participate because all students have potential and just need the right opportunity to shine!

Activities were selected based on the four domains of High Potential and Gifted Education: Intellectual, Creative, Physical and Social Emotional. Student voice was also used to gain insight into particular interests which resulted in a comprehensive list of eighteen different tasks. After reaching out to the Environmental Education Centres in our network of schools we were also able to gain specialist knowledge and resources from Longneck Lagoon EEC and Brewongle EEC.

The activities offered on the day included a variety of sports, supported by coaches, including OzTag, Basketball and soccer. There was a selection of creative tasks to choose from including Aboriginal Art, dance, music, drama and film-making. Academic activities include STEM, Escape Room and Mission Codebreak

(which involves using GPS markers to break the code). Social-emotional experiences were incorporated through unique activities like Traditional Indigenous Games, Gunya building (traditional shelters) and interactive games like chess, connect 4 and Jenga.

Our local small schools have demonstrated that they are rich in opportunities for their students and they can offer so much variety by sharing the expertise they have to offer. At the same time the day-to-day school routines offer small class sizes, individualised attention and a nurturing and caring environment where every child is seen and known. Small schools can do it all!



ADVERTORIAL

Off to Africa

Local pump manufacturer, Australian Pump Industries, have just shipped another four of their big 6" heavy duty trash pumps with a view to making every effort to save the city of Juba from the equatorial monsoon floods. The United National already have 25 of these big Aussie 6" pumps working to divert the Nile River around Juba.

This shipment, going by urgent air freight directly to Africa, will give them the extra capacity to move 24,000 litres per minute to keep the city safe.

"Working with the United Nations is a great privilege. We're proud of being able to help people in trouble, undergoing very tough climate conditions, with the threat of a civil war breaking out any time", said Mel Jansen, Aussie Pumps Export Manager.



The big pumps were wrapped up like mummies and skidded for air freight and then "Off to Africa".

For further information on Aussie Pumps humanitarian work in export, contact Australia's leading pump manufacturer, Aussie Pumps. Great jobs are also available. aussiepumps.com.au 8865 3500.



TREE REMOVAL • PRUNING

STUMP GRINDING • LAND CLEARING

MULCH SALES • FIREWOOD

Give Us a Call Today!

0414 635 650

info@mcardletrees.com.au







24 Hour Emergency





Embracing a Sustainable Future: The Sydney Tiny Home Expo



As urban living continues to grapple with soaring housing prices and environmental concerns, the Sydney Tiny Home Expo at the Hawkesbury Showgrounds emerges as a beacon of innovation and hope. This event is not just about cute houses; it symbolizes a transformation in our understanding of what home truly means. The expo showcases a diverse array of tiny homes, from beautifully crafted models featuring cutting-edge sustainable technologies to creative designs that maximize minimal space.

Visitors can expect not only to witness stunning designs but this is a wholly informative event with a community and industry that combines a thorough knowledge of what a Tiny Home could mean for you.

In a world where material excess often leads to stress, the notion of living in smaller, more intentional spaces promotes a lifestyle centered around mindfulness and purpose. This event, which is in it's 4th year at the Hawkesbury Showgrounds, can help us reimagine our living spaces, foster community, sustainability, and a deeper appreciation for the world around us.

Open on Friday 6th June (10am-3pm), Saturday 7th June and Sunday 8th June (9am - 5pm), the event fosters a staggered entry to avoid over-crowding. Visit the website for information on tickets and entry. www.tinyhomesexpo.com.au

The Dooral Roundup has so many stories, we can't print them all!

Scan to go straight to our Latest News page at dooralroundup.com.au/latest-news/



Read this month's "What's On" online at dooralroundup.com.au

TINY HOME EXPO

HAWKESBURY SHOWGROUNDS - 6th, 7th & 8th June



Tickets and Information - www.tinyhomesexpo.com.au



James Wallace HORNSBY MP

Hornsby Woman of the Year Myf Webster

Myf Webster has been recognised for her long and exceptional record of philanthropic community work.

During her decade-long tenure as a centre leader at Fusion in Hornsby,
Myf developed a food rescue program that salvaged surplus food from local supermarkets to provide community dinners twice a week for up to 70 people. The program also distributed food hampers to over 100 people weekly, powered by a dedicated team of adult and student volunteers.

More recently, Myf has founded The Social Local Collective, a charity dedicated to enhancing community wellbeing by creating opportunities for intentional connection and enjoyment. The charity started as a result of Myf's research into the profound health impacts of social isolation and loneliness.

Myf's guiding philosophy is simple: Be the change you want to see in the world. This is a philosophy that each of us in the Parliament should live by. Myf's work in our area has consistently driven positive change and strengthened our local community. I can't imagine anyone who is more deserving of being recognised as the Hornsby Woman of the Year.

Warrah Society in Dural

I recently visited the Warrah Society on Harris Rd Dural nestled into the bushland of Dural Nature Reserve.

Warrah Society has been operating for more than 50 years and provides a vital and comprehensive range of services for people with profound intellectual disabilities. This includes the Warrah Specialist School which cares for local kids, as well as independent living homes for adults living with complex disabilities. The unique location provides a beautiful and enriching place for the community that Warrah supports.

The campus is also home to Sydney's only certified Biodynamic farm. Warrah is a special place and beloved within the greater community. It cares for our most vulnerable and enriches the lives of people living with a disability.

I urge the wider rural community to visit and support this society. You can do so by:

- visiting the Waaia Café every Friday morning from 10am –
 12pm. Waaia Café takes pride in offering a unique and inclusive
 experience. Its passionate team comprises people with disabilities
 and their dedicated support staff.
- shopping for fruit and vegetables at the Warrah Farm Shop which is open each day except Sunday.



🙆 julian.leeser.mp@aph.gov.au 🕦 julianleeser.com.au 🕠 julianleesermp



Julian Leeser MEMBER FOR BEROWRA

As this is my final editorial before the Federal Election on Saturday, 3rd May, I want to sincerely thank every reader for your support and the trust you've placed in me to represent our community.

Together, we've achieved real change—from delivering NorthConnex, to improving telecommunications and protecting the Hawkesbury River. It is a privilege advocate on your behalf every day, and to work alongside the hundreds of local organisations that make our community so special.

In the lead-up to the election, you'll hear big announcements from all parties. But what's often overlooked are the local commitments that are also just as important — the support that will be provided to our local clubs, charities, and community groups.

It is why I have worked closely with several of them and have been proud to announce that after months of advocacy, an elected Coalition Government will fund the replacement of the communication tower at Hillside RFS, assist Warrah in the progression of their livestock management initiative, and fund the construction of a new two-level community centre at Christ the Redeemer Parish in Dural.

If I have the honour to continue as your Federal Member for Berowra, I will always stand up for you, your family, and the future of our community.

Authorised by Julian Leeser, Liberal, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.



AUSSIE PUMPS...Not Just Fire Pumps

- Hills District local success, Aussie Pumps, specializes in solving the consistent problems of drought, floods and bushfires. "Everything we do helps somebody, and that's a really positive thing," said Chief Engineer, John Hales.
- The Chief Engineer has a sign in his office that says, "We design and build machines as if we're going to use them ourselves." What a relief from the policies of big corporations who only think about dividends!
- "At Aussie we're focused on people who use our gear, and they're our inspiration," said Hales.
- Great jobs are going at Aussie. Their success creates opportunities in a totally positive environment.
 Looking for a simulating career including internship?
 Contact Linda-Sue Karkowski at info@aussiepumps.com.au | 8865 3500



Mark Hodges MEMBER FOR CASTLE HILL

ANZAC Day 2025: A Legacy Alive and Well

ANZAC Day holds a sacred place in our nation's heart. Marking 110 years since the Gallipoli landing, commemorations across The Hills highlighted our community's enduring reverence for those who have served.

The day began with the Dawn Service at Centenary of ANZAC Reserve, hosted by the Castle Hill and District RSL Sub-Branch. In the cool morning air, student leaders from four of our local high schools shared personal stories of men and women who have served Australia with courage and dedication. Their heartfelt reflections were a moving reminder that the spirit of remembrance is alive in the next generation. As the sun rose through the mist, it was breathtaking to see so many people, young and old, gathered in solemn tribute to honour the ANZAC legacy.

Later in the morning, I attended the Rotary Club of Kenthurst's ANZAC Day Service at John Benyon Park. The community's heartfelt participation — including a local march and a service rich with moving tributes — reflected Kenthurst's deep respect for our servicemen and women. Vin Consgrove OAM from the Vietnam Veterans' Association of Australia delivered a powerful address, sharing the story of his family's service across generations of conflict. His reflections were a poignant reminder of the personal sacrifices made by so many Australian families in the defence of our nation.

At Annangrove Park, I joined the local community for a moving flag-raising ceremony. I had the honour of offering a few reflections on the sacrifices made by those who have served, including members of Parliament who answered the call to arms during the



First World War. Two New South Wales MPs, Lieutenant Colonel George Braund and Sergeant Edward Larkin, were among those who gave their lives at Gallipoli. Their example is an inspiration to me that true leadership demands great personal sacrifice, and it was a privilege to honour their memory alongside our local community.

The day continued with a wreath-laying ceremony and lunch at The Hills Club, where the ANZAC spirit was honoured in a warm gathering of friends, veterans, and community members.

Later, I attended the Glenorie RSL Service, another proud tradition that brings together generations to honour those who have served and sacrificed for our freedom.

Each event carried its own unique character, but all shared the same deep spirit of gratitude, unity, and national pride.

ANZAC Day is not just a time to remember the past; it is a time to recommit ourselves to the enduring values of courage, mateship, and sacrifice that define us as Australians. In The Hills, the traditions of ANZAC Day are alive and well, as we discharge our sacred duty to pass on this torch of remembrance to future generations.

Lest we forget.



Mark **Hodges MP**

Member for Castle Hill

Mark can help you by

- Representing you in the NSW Parliament
- · Assisting you to access State services
- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising Community Achievements



- 🦶 02 9686 3110 🛛 @ castlehill@parliament.nsw.gov.au
- MarkHodges.com.au markhodgesmp MarkHodgesMP
- Suite 1A, 19-21 Terminus St Castle Hill 2154

Authorised by Mark Hodges MP. Funded using parliamentary entitlements.





Clr Mitchell Blue THE HILLS SHIRE COUNCIL

Did you know the Hawkesbury-Nepean River Catchment is the longest coastal catchment in New South Wales? Spanning an impressive 470 kilometres from Goulburn to Broken Bay, this vital waterway drains a massive 21,400 square kilometres—equivalent to 2.14 million hectares. It also forms the western boundary for around 60 percent of The Hills Local Government Area.

But the Hawkesbury River is more than just a geographical marker. It's a multi-faceted resource that supports everything from recreational activities and commercial fishing to transport, environmental flows, tourism and a thriving agricultural industry worth close to \$300 million annually.

Over the past few years, I've had the privilege of attending meetings of the long-established Upper Hawkesbury River Users Group—a passionate group that includes representatives from ski parks, power boat clubs, commercial fishers, maritime agencies, local councils, and other community stakeholders. All are united by a deep, genuine commitment to the health of this precious river.

In March, the group convened a special meeting to address a growing list of concerns. Triggered by noticeable changes in the river's condition, the session aimed to discuss the river's long-term health. Key issues raised included sediment runoff, effluent disposal, invasive weed growth, environmental flow management, sand accumulation on the riverbed, and shifts in the location of brackish water.

The gathering brought together an impressive array of agencies and departments—including the EPA, Sydney Water, the Department of Climate Change, Energy, the Environment and Water (DCCEEW), the Department of Planning, Housing and Infrastructure, and council staff from The Hills, Hawkesbury, and Hornsby. I was joined by my fellow North Ward Councillors, as well as the Mayor, Deputy Mayor, and several Hawkesbury Councillors.

What emerged was both heartening and revealing. On one hand, it's clear that extensive work is already underway through various agencies, particularly with the development of the new Coastal Management Plan. On the other, the meeting highlighted a gap—there is no overarching body coordinating these efforts. As a result, valuable work risks being duplicated, overlooked, or misaligned. Once, the Office of the Hawkesbury Nepean existed. Is it time this is re-established?

Looking ahead, I'm committed to continuing to further my understanding of the river and advocating for its health - along with collaboration with our councils. Protecting the Hawkesbury-Nepean River isn't just about today—it's about ensuring a healthy, vibrant river system for generations to come.

A heartfelt thank you to the Upper Hawkesbury River Users Group for organising such an informative and impactful meeting. Your passion and dedication—especially that of Gary, Ray, and Joy—is both inspiring and essential.



Call Lisa at 0423 943 398 for a FREE Market Appraisal!



Jane Seaglove HORNSBY COUNCILLOR

Hello Residents.

Thank you to everyone who joined us for the preview screening of The Last Anniversary series at Event Cinemas, Hornsby Westfield. It was wonderful to see so many of you there for the first episode, which beautifully showcases the stunning scenery of Brooklyn and the Hawkesbury area. I look forward to watching the rest of the series on Foxtel and hope you enjoy it too!

Have Your Say on the 1-3 Johnson Road Proposal

Hornsby Shire Council is currently undertaking a voluntary exhibition of a draft planning proposal for 1-3 Johnson Road, Galston. We are seeking community feedback on the proposal via our website. Your input is invaluable in shaping this project, and all feedback will be carefully reviewed as part of the decision-making process. To share your thoughts, visit the link: Draft Planning Proposal, 1-3 Johnson Road, Galston | Yoursay Hornsby

Help Shape Our New Website

Hornsby Council is designing a new website, and we'd love your feedback! If you've found it challenging to locate information in the past, this is your chance to let us know how we can make improvements. Share your suggestions by completing the survey here: New Website 2025 | Yoursay Hornsby

New to Hornsby Shire? Join Our Community!

If you're new to the area and looking to connect with others, Hornsby Shire is home to a wide range of community groups and organizations catering to various interests. Here are a few to consider:

Service Clubs

- Rotary Clubs: Participate in community service projects and support local initiatives. ROTARY.ORG
- Lions Clubs: Engage in community improvement and fundraising for charitable causes. LIONSCLUBS.ORG.AU
- Country Women's Association (CWA): Support initiatives improving conditions for women and children. CWAOFNSW.ORG.AU
- Soroptimist International: Empower and enable opportunities for women and girls worldwide. SOROPTIMISTINTERNATIONAL.ORG

Performing Arts

 Berowra Musical Society: Join a community-based group producing musical theatre. BMSI.ORG.AU

Outdoor Adventure

- Scouts and Girl Guides: Build leadership, teamwork, and outdoor skills. SCOUTS.NSW.COM.AU & GIRLGUIDES-NSWACTNT.ORG.AU
- Bushwalking Clubs: Explore the great outdoors with others who share your passion. BUSHWALKING.NSW.ORG.AU



Bizarre Shaped Trees

It can be said with confidence that trees are the most common feature of our bushland.

Without trees, which present themselves in all shapes, colour and sizes, much of the character of the bush would not be as diverse.

Throughout our local forest areas there can be found some extremely interesting examples of how nature has sculptured trees into some quite bizarre shapes.

The influences of insect attack and disease infestations can produce some notable variations in the normality of the tree's overall structure. Fire too can be an early cause of serious deformation that remains evident as the tree grows older.

Some trees are naturally straight and tall whilst others have the habit of producing branches at irregular intervals. Some too have branches that appear to twist and turn in many directions.







At times trees may be damaged as a result of severe weather impacting the structure of the tree anywhere from its base to its canopy.

Occasionally, there has been some direct human intervention that causes a tree to grow in a not so normal manner.

As you walk through the bush regularly you become aware that there is also an

incredible variation in the colour and texture of any given tree's bark. Not only do variations occur close to the ground, but also further up the trunk. Changes in colour are also evident with the change of seasons.

The images opposite are just a selection of the many examples of unusually shaped trees that can be found Hidden In The Hills.

Bromeliad Society of Australia Guest Speaker Robyn Bible, **Australian Geranium Society**

The Bromeliad Society of Australia Inc will hold their next meeting at the Federation Pavilion, Castle Hill Showground on Saturday, 10th May with plant sales to the public from 10am and the meeting commencing at 12noon.

Guest speaker will be Robyn Bible, from the Australian Geranium Society and she will speak about the different varieties of geraniums and pelargoniums, she will also bring along a large selection of examples.

Robyn will explain about their growing conditions, where best to use the various types including a demonstration on how to prune and propagate. Robyn will also have several plants available for purchase.

She has specialised in the growing of geraniums and pelargoniums for more than 50 years and will happily share her immense knowledge with the BSA members and guests.

There will also be our regular meeting activities such as competitions, Raffle, Show & Tell, and a more recent activity called

just "Show" for people who would just like to share a plant with others without it being critically judged or discussed.

There is also an opportunity to meet like minded people in a friendly and inviting environment. Contact Ian Hook, mobile 0408 202 269, email: ianhook1@bigpond.com website: www.bromeliad.org.au

Home and contents insurance

Through Bendigo Bank, you'll have home and contents insurance you can rely on.

Visit us in branch or at bendigobank.com.au/homeinsurance to aet a auote.



Galston 9653 2227



Bendigo and Adelaide Bank Limited ABN 11 068 049 178 acts under its own AFSL 237879 and under an agreement with the insurer Insurance Australia Limited trading as CGU Insurance ABN 11 000 016 722, AFSL 227681. Any advice provided is general advice only and does not take into account your individual objectives financial situation or needs ("your personal circumstances"). Policy conditions, limitations and exclusions apply. Before using this advice to decide whether to purchase a product, you should consider your personal circumstances and the relevant the Product Disclosure Statement and Target Market Determinations from bendigobank.com.au/insurance (1783922-1783194) OUT_44397509, 07/04/2025

Sydney to Hobart the Hard Way

At our next Probus meeting (May 13th) we will be privileged to have Lindsay May speaking. Lindsay is a veteran of 50 consecutive Sydney Hobart races (a record), mostly as a navigator. Lindsay will talk about the changes he has observed over 51 years and some of the highlights of this world-renowned ocean racing classic that attracts competitors from across the globe. He has been the winner of the Tattersalls Cup 3 times (twice as a navigator and once as a skipper) He has also sailed in all the world's leading ocean races.

His presentation includes video and sound that should give some feel as to what it's like out there. I heard Lindsay talk at a large mixed function (just after one of the tragic races) and the whole audience was enthralled.

If you would like to come and hear Lindsay, he will be speaking at our Probus Club meeting on May 13th at 9.45am. We meet at Cherrybrook Uniting Church Hall. 124 New Line Road, Cherrybrook NSW 2126. If you would like to come, please contact Dick Bushell membership@oakhillduralprobus.org.au or ring 0423 343 565

"Probus is Fun and Friendship in Retirement"

Faith on the road

Life after Easter is like traveling along the Yellow Brick Road in "The Wizard of Oz". Dorothy's longing to return home reflects our own desire to be closer to God's kingdom. Easter reminds us that Jesus' sacrifice and resurrection have shown us the way to our true home, just as Dorothy's ruby slippers hold the power to take her home. The road is not without challenges. Dorothy faces struggles and fear, and our journey, too, is filled with difficulties like doubt, setbacks, or distractions



that pull us away from God. But just as Dorothy has the Scarecrow, Tin Man, and Lion to support her, our faith community strengthens us. Together, we learn to rely on God for wisdom, love, and courage.

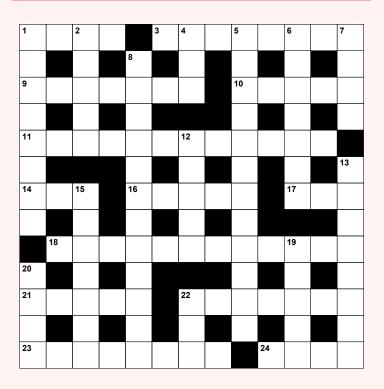
Anna Chung, a young clarinettist, is following her dream to study in San Francisco. Like Dorothy, she is stepping into the unknown, facing obstacles but trusting in God's plan. Her faith and dedication guide her closer to her goal, a life celebrating God's gifts.

Faith is like walking the Yellow Brick Road. Even when the path is uncertain, God's grace leads us home. Join Anna's Saturday Afternoon Concert at Cherrybrook Uniting Church on 24th May, 3PM (Your donation of \$20/adult plus will be greatly appreciated).

Rev Peter Chung Cherrybrook Uniting Church



CROSSWORD PUZZLE



ACROSS

- 01 Rank (4)
- 03 Type of tooth (8)
- 09 Trap for the unwary (7)
- 10 Relative by marriage (2-3)
- 11 Lack of practical knowledge (12)
- 14 Increase in amount (3)
- 16 Stares (5)
- 17 Timid (3)
- 18 Formal announcements (12)
- 21 Good sense (5)
- 22 Sentiment (7)
- 23 Delaying (8)
- 24 Intertwined segment of rope (4)

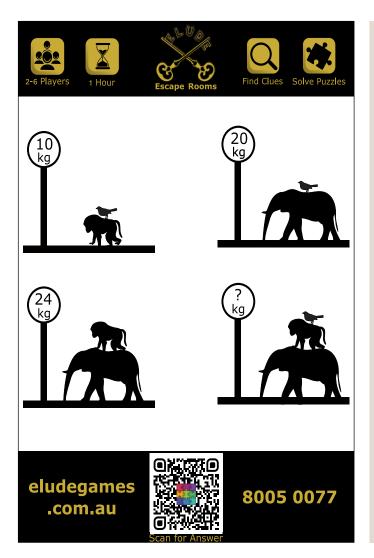
DOWN

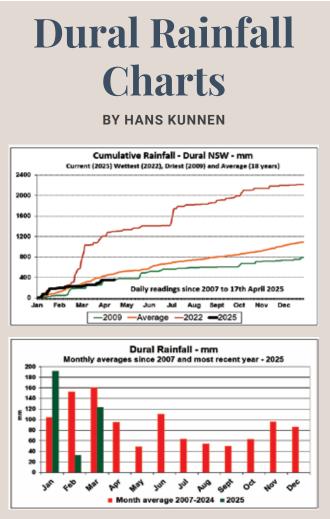
- 01 Act of retaliation (8)
- 02 Name of a book (5)
- 04 Unwell (3)
- 05 Educational institutions (12)
- 06 Royal houses (7)
- 07 Wet with condensation (4)
- 08 Carefree (5-2-5)
- 12 Sharp blade (5)
- 13 Vision (8)
- 15 Vessel that cleans rivers (7)
- 19 Edible pungent bulb (5)
- 20 Having a level surface (4)
- 22 Wetland (3)

ANSWER FROM APRIL ISSUE



ACCOUNTANCY





LOCAL BUSINESS DIRECTORY







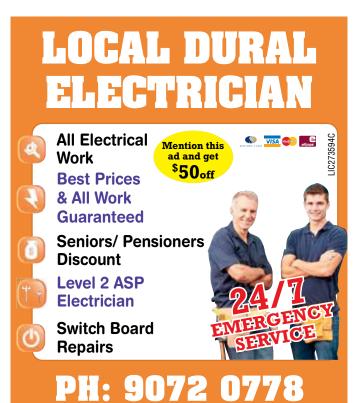
Quality Smash Repairs Insurance and **Private Work** All work fully guaranteed

Free quotes (except third party)

Free Loan Cars

Unit 22/276 New Line Road, Dural, NSW













New Builds, Granny Flats, Extensions, Renovations, Kitchen, Bathroom & Laundry Renovation

20+ year experience

Call Neil on 0404 412 755

www.ancrenovations.com.au



CORNERSTONE







JCALL US ON 9056 8107

PUREPLUMBINGPROS.COM.AU



M GAS FITTING



LEAKING TAPS

24/7 EMERGENCY PLUMBING | LIFETIME WARRANTY

IF WE CAN'T FIX IT YOU DON'T PAY'

Google ★ ★ ★ ★ ★ 4.9 | LICENCE #233302C

YOUR LOCAL PLUMBER



OUR SERVICES

Blocked Drains | Water leaks Gas Fitting | Hot Water Repairs and Maintenance Taps + Toilets

0477 477 768

stoutsplumbingservices.com.au

SENIORS DISCOUNT

LOCAL DURAL PLUMBER **All Plumbing** Mention this Work ad and get \$50_{off} **Best Prices** & All Work **Guaranteed** Seniors/ **Pensioners Discount**

Blocked Drains and Pipes

Hot Water Repairs



PH: 9072 0779

SAME DAY LOCAL PLUMBER

BLOCKED DRAIN?

BURST PIPES?

LEAKING TOILET?

NO HOT WATER?

- NO CALLOUT FEE
- 24/7 EMERGENCY
- **LIFETIME WARRANTY**
- ON TIME & RELIABLE

PHONE JERRAM 0407 837 729

10% SENIORS DISCOUNT





HILLS DISTRICT PLUMBER

- ► Google 4.9 Star Rating
- Guaranteed 24/7 Fast Response
- ► Lifetime Labour Warranty
- ▶ 15% Seniors Discount
- ▶ On Time, No Mess or you Pay \$100 Less



www.reactiveplumbing.com.au

Leaking Taps • Blocked Drains • Leaking Toilets Burst Pipes • CCTV Inspection • Hot Water Systems • Pipe Relining



DOMESTIC - COMMERCIAL - INDUSTRIAL

- ▶ Plumbing, Drainage & Gasfitting
- **Blocked Drains**
- ▶ Hot Water Heaters
- **▶ CCTV Water Jetter**
- Gutters and Downpipes

FAMILY BUSINESS FOR OVER 40 YEARS

Fast Emergency

Call 02 9482 9199 scottandsons.com.au

Lic. No: 141840c

PAINTING & BUILDING MAINTENANCE PTY ITD

Master Painters Association member Dulux Accredited | Fully Insured

Specialist in repairing all damages, cracks, peeled paints and paint defects. All jobs guaranteed.

25 years experience. FREE QUOTES & colour advice. Lic 98578C

> 0419 449 034 • 1300 272 468 www.grandpainting.com.au





PAT FEDELE

Professional Painter

Local Licensed Painter in the Hills Shire for over 30 years -**Fully Insured**

Free Quotes

0407 232 869











Julian Parry

Phone: 1300 887 417

Dip. Hort (Arboriculture) Level 5, Cert. Arboriculture, Dip. Horticulture Dip. Landscape, Cert Landscape Arboricultural Consultation
Tree & Stump Removal
Land Clearance
Specialist Tree Pruning
Fully Insured







TRADES





Repair and Renew. It's what we do.

Hot and High Pressure Water Cleaning Solar Panel Cleaning

> ALL JOBS QUOTED

Call Refurbish Group 0407 816 230 email frank@refurbishgroup.com.au

Reliable Flyer Deliver Service

Acreage Delivery \$130 plus GST

✓ We deliver to Annangrove, Arcadia, Cherrybrook, Dural, Galston, Glenhaven, Glenorie, Fiddletown, Kenthurst, Middle Dural

Call Diana on 0408 011 193

or email diana@adelphi.net.au for more details

We also provide printing services should you require your flyers printed too.

MULTI AWARD WINNING CUSTOM BUILT HOMES





(02) 9651 6290 (Dalmoralhomessydney) 13/276-278 New Line Road, Dural NSW | (02) 9651 6290

WWW.BALMORALHOMES.COM.AU